



## About The Opportunity

### Company Description

BlueRidge Balance is a behavioral health and therapeutic consulting practice located in Boiling Springs NC outside of Shelby NC proper. We are 40 minutes east of the Beautiful Blue Ridge Mountains of Western NC & within one hour commute to Asheville Regional, Charlotte International & Greenville/ Spartanburg Airports. We provide evaluations, psychotherapy, family therapy, interventions, and educational/therapeutic consulting services to those suffering from substance use and other mental health disorders. Our mission is to offer expert concierge level support to families to ensure that those who need our services benefit from our 20 years of experience in treating and working with individuals and families suffering with complex substance use disorders and mental illness. We have over 2800 square feet (about the area of a tennis court) of office space consisting of 6 private therapy offices, a warm reception area, a group room to host 7 participants, kitchen, and break room. The building is zoned commercial, and we are connected to Pediatric Medical Practice. We are located two blocks from Gardner Webb University. For those interested in commuting to and from larger cities to practice, we offer a 1-bedroom apartment on the second floor, free of charge.

Your EMR, EHR & Health Care Claims Management platforms are provided for you.

BlueRidge Balance Health offers two models:

- 1) Private Practice Model: Therapists will work as contracted employees of BlueRidge Balance, and compensation will be based on a per session rate.
- 2) Independent Provider Model: Therapists will work for themselves, manage their own reimbursement directly with insurers, and pay monthly rent on space utilized.

### Qualifications

- Graduate degree in Counseling, Social Work, Psychology, or a related field
- Licensed or license-eligible in the state of North Carolina: LPC, LCPC, LCSW, PhD, or PsyD
- Demonstrate experience in the delivery of therapy services to individuals and families, with knowledge of common diagnoses and effective treatments
- Ability to work effectively and collaboratively within a multidisciplinary team
- Excellent interpersonal and communication skills, with the ability to establish strong therapeutic relationships with clients
- Strong writing and documentation skills, with experience using an electronic health records system
- Commitment to ongoing learning and professional development, with willingness to seek out and utilize supervision and consultation
- Experience working with diverse populations and strong cultural competence

#### **ESSENTIAL RESPONSIBILITIES:**

- Provides high quality, compassionate, and ethical mental health therapy to clients as scheduled.
- Facilitates group and individual psychotherapy as needed.
- Experience in medical settings preferred, and experience with substance use disorders and dual diagnoses required.
- Help clients reflect on issues and develop problem-solving methods to help them more effectively deal with challenges and make positive changes.
- Skillful in applying varied interventions with individuals/families in crisis, practicing only evidence-based therapeutic techniques in a respectful and caring manner, with an understanding of working with a variety of cultures.
- Demonstrates knowledge of family systems and their impact on mental health within the family.
- Completes Social Intake forms; authorizations; participates in case consultation and care meetings; supports clinical team with formulating, organizing, and writing discharge summaries, treatment plans, and other documentation as needed; and documents comprehensive evaluations with strong writing skills.
- Works productively with individuals in related positions including, but not limited, to other clinical team members and administrative personnel.
- Completes clinical documentation (recommended to be completed daily) and maintains up-to-date electronic medical record (EMR). Secures and safeguards client information per HIPAA standards.
- Ability to provide necessary self-care.
- Ability to be flexible, curious, interested in other people and forming relationships, and non-judgmental.
- Have the interest and ability to engage referral sources.
- Maintains privacy of all company information and always safeguards its confidentiality.
- Performs other duties as assigned.

- Maintains good standing with the appropriate board and insurance entities.
- Adheres and complies with all BlueRidge Balance policies/standards whether internal, regulatory, legal, etc.

This professional will also have much flexibility in work hours and referrals for individual and family therapy if their priority and commitment are to our clients and families. This individual will also receive support from two very experienced and well-established professionals in the community with many contacts and the ability to help the right person really enhance their skills and their exposure in the professional community. We offer fully furnished apartment on site for those commuting for periods of time to provide services.

**PHYSICAL LIMITATIONS:**

- Physical Demands – Position requires sitting, standing and/or walking for extended periods of time, and occasionally manually lifting/moving up to 50 pounds. Must be able to work long or irregular hours and must be capable of on-site response to all manner of emergencies arising at any hour of any day. Must have the elevated level of mobility necessary to assist patient's needs.